

GUIDELINE FOR VARIOUS APPLICATIONS

Karate Dream Cup 2012

Forms	Explanation	Attachments	Deadline
Competitor List	1 list per branch *Submission by soft copy is preferred		25-May
Kumite and Kata (Individuals) Competitor Application	• Kumite/Kata competitor	• 2 Photos • Medical Certificate - only for seniors and women 35 years or above, in the Kumite Category	25-May
Group Kata Application	Application per 1 group (3 members)	• 2 Photos x 3 members	25-May
Special Order for Protectors	*Discount price for Branch Chief/Contact *All participants must wear the official protectors at the Karate Dream Cup 2012.		30-Jun
Visa Request	*Form will be provided shortly *Please make a list of visa applicants *WKO will make a visa support document for each group	• Passport Copy	31-May
Hotel Request	*Form and hotel list will be provided shortly		31-May (Visa) 30-Jun (w/o Visa)
Notification of contact info in Japan	*Form will be provided shortly *For groups who arrange their own acomodation		6-Jul

Important Notice:

There will be **no financial support** from the organizer (JKO) of the event. We request that we receive the necessary documents by e-mail first, and the original documents later on by registered air mail. We will ask for all to strictly follow the deadline, for we will not accept any applications after it. The official tournament draw will be announced in early July, and from that point on, **no cancellations or substitution of fighters will be accepted.** Competitors who wish to cancel **will be required to make the payment for their participation fee.**

Where to Send :

【E-mails】 wko.two@shinkyokushinkai.co.jp
wko.one@shinkyokushinkai.co.jp

【Postal Address】

Attention to NPO World Karate Organization (WKO), Shinkyokushinkai
Karate Dream Cup 2012 Tournament Secretariat
Address 9-20-2F, Shin-Ogawamachi, Shinjuku-ku, Tokyo, 162-0814, JAPAN
TEL 81-(0)3-3268-1494
FAX 81-(0)3-3268-1495

COMPETITOR LIST**Karate Dream Cup 2012****●BRANCH CHIEF/ CONTACT OATH**

To: Ms. Seiko Noda, Tournament Director

Mr. Kenji Midori, Tournament Executive Committee Chairman

I, undersigned, do hereby swear as the Branch Chief/Contact of my team to the Karate Dream Cup 2012 that none of you, your organization, and the organizer of this tournament will be responsible for any injuries/accidents that will occur to the fighters from my country during the tournament and our stay in Japan.

Also I swear that I will do my best to lead the members so that he/she will follow Japanese law and regulations, and will take all responsibility for his/her behavior and its consequences and take care of him/her to leave Japan as scheduled. When he/she has created serious problems while staying in Japan and received an expulsion order from the authority, I will take responsibility of financial support for the participants.

Date: _____

Signature _____

COUNTRY	_____	BRANCH CHIEF/CONTACT NAME	_____
POSTAL ADDRESS	_____		
TEL	_____	_____	
E-mail	_____		

[↓ Entry Category No.](#)**●COMPETITOR LIST**[Категория участия](#)

No.	Family Name фамилия	First Name Имя	Kumite	Kata	Group Kata	App form заявка	Photo Фото	Medical Cert Мед серт.
1						<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2						<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3						<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4						<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5						<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6						<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7						<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8						<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9						<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10						<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11						<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12						<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13						<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14						<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15						<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16						<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
17						<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
18						<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
19						<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
20						<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

APPLICATION DEADLINE : Friday 25 May 2012
Please check the attachments before submission

KUMITE and KATA (Individuals)**OFFICIAL APPLICATION FORM FOR COMPETITOR
Karate Dream Cup 2012****Place:** Yoyogi National Stadium First Gymnasium, Japan**Date:** 28th and 29th July, 2012

<Clip a photo here>
Size 3x4 cm
In DOGI
Face straight No back ground
Please write your name & country on the back.

To: Ms. Seiko Noda, Tournament Director**Mr. Kenji Midori, Tournament Executive Committee Chairman**

I, the undersigned, do hereby swear that I will obey the rules of this tournament and fight fairly, and that the organizer will not be responsible for any injuries/accidents that will occur during the tournament.

Competitor's Parent or Guardian: (who are under 20 years old)

Подпись родители если боец моложе 20 лет

Date: _____

Signature: _____

<Glue a photo here>
Size 3x4 cm
In DOGI
Face straight
No back ground
Please write your name & country on the back

Family Name / фамилия	First Name / Имя	Country Страна	Name of Branch Chief Имя вранч-чифа

Gender (M or F) пол	Date of Birth (dd/mm/yyyy) День рождения	Age (as of 28th Jul)	Grade (Dan/Kyu)	Years of training (Year.month)	Height (cm)	Weight (kg)

Category of your entry Категория вашего участия

	<u>Category Number</u> <u>Номер категории</u>	Category Name Название категории
Kumite:		
Kata:		

Main Tournament History (within 3 years): Главные результаты в рамках 3 года

*Only the results at the advanced level (results at beginners or intermediate levels excluded)

Результаты бойцов передовой класса. (исключают результатов начинающих или средних уровнях.)

Year год	Tournament Name & Category Название Турнира и Категория	Kumite or Kata	Placing Место	Name of Organizer Название Организатор

APPLICATION DEADLINE : FRIDAY 25TH OF MAY 2012.**Attention!!** Remember to send the following with this application
 2 Photos Health Certificate (Only for seniors and women 35 years or above in the Kumite Category)

Group KATA

OFFICIAL APPLICATION FORM FOR GROUP KATA
Karate Dream Cup 2012

Place: Yoyogi National Stadium First Gymnasium, Japan

Date: 28th and 29th July, 2012

To: Ms. Seiko Noda, Tournament Director

Mr. Kenji Midori, Tournament Executive Committee

I, the undersigned, do hereby swear that I will obey the rules of this tournament and fight fairly, and that the organizer will not be responsible for any injuries/accidents that will occur during the tournament.

Team leader's signature

Подпись лидера группы

Date: _____ Signature: _____

Country Страна	Name of Branch Chief Имя вранч-чифа	Team группа

*A, B or C...if multiple groups from 1 dojo
A, B или C ... если несколько групп
от 1 додзе

Team Leader	Family Name / фамилия	First Name / Имя			Other participating categories		
1					<input type="checkbox"/> Group <input type="checkbox"/> Kumite <input type="checkbox"/> Kata only <input type="checkbox"/> Kata (Individual)		
Gender (M or F) пол	Date of Birth (dd/mm/yyyy) День рождения	Age (as of 28th Jul)	Grade (Dan/Kyu)	Years of training (Year.month)	Height (cm)	Weight (kg)	

<Glue a photo here>

<Clip a photo here>
Size 3x4 cm
In DOGI
Face straight
No back ground
Please write your name & country on the back.

Member	Family Name / фамилия	First Name / Имя			Other participating categories		
2					<input type="checkbox"/> Group <input type="checkbox"/> Kumite <input type="checkbox"/> Kata only <input type="checkbox"/> Kata (Individual)		
Gender (M or F) пол	Date of Birth (dd/mm/yyyy) День рождения	Age (as of 28th Jul)	Grade (Dan/Kyu)	Years of training (Year.month)	Height (cm)	Weight (kg)	

<Glue a photo here>

<Clip a photo here>
Size 3x4 cm
In DOGI
Face straight No
back ground
Please write your name & country on the back.

Member	Family Name / фамилия	First Name / Имя			Other participating categories		
3					<input type="checkbox"/> Group <input type="checkbox"/> Kumite <input type="checkbox"/> Kata only <input type="checkbox"/> Kata (Individual)		
Gender (M or F) пол	Date of Birth (dd/mm/yyyy) День рождения	Age (as of 28th Jul)	Grade (Dan/Kyu)	Years of training (Year.month)	Height (cm)	Weight (kg)	

<Glue a photo here>

<Clip a photo here>
Size 3x4 cm
In DOGI
Face straight No
back ground
Please write your name & country on the back.

APPLICATION DEADLINE : FRIDAY 25TH OF MAY 2012.

Attention!! 2 Photos x 3 members

CATEGORY AND AGE STANDARD

Karate Dream Cup 2012

Karate Dream Cup 2012	No. Номер	Category Complete Name Название категории	Birthdate From День рождения от	Birth Date To День рождения до	Standard Age Лет	Weight Вес	Medical Cert. Мед серт.
KUMITE	01	Young Children (Boys & Girls, 5 & 6 Years Old)	2006/4/2	2008/4/1	5, 6		
	02	Elementary 1 Boys	2005/4/2	2006/4/1	7		
	03	Elementary 1 Girls	2005/4/2	2006/4/1	7		
	04	Elementary 2 Boys	2004/4/2	2005/4/1	8		
	05	Elementary 2 Girls	2004/4/2	2005/4/1	8		
	06	Elementary 3 Boys	2003/4/2	2004/4/1	9		
	07	Elementary 3 Girls	2003/4/2	2004/4/1	9		
	08	Elementary 4 Boys Light: (under 33kg)	2002/4/2	2003/4/1	10	-33	
	09	Elementary 4 Boys Heavy: (33kg and over)	2002/4/2	2003/4/1	10	+33	
	10	Elementary 4 Girls	2002/4/2	2003/4/1	10		
	11	Elementary 5 Boys Light: (under 35kg)	2001/4/2	2002/4/1	11	-35	
	12	Elementary 5 Boys Heavy: (35kg and over)	2001/4/2	2002/4/1	11	+35	
	13	Elementary 5 Girls	2001/4/2	2002/4/1	11		
	14	Elementary 6 Boys Light: (under 40kg)	2000/4/2	2001/4/1	12	-40	
	15	Elementary 6 Boys Heavy: (40kg and over)	2000/4/2	2001/4/1	12	+40	
	16	Elementary 6 Girls	2000/4/2	2001/4/1	12		
	17	Junior High 1 Boys: Light (under 50kg)	1999/4/2	2000/4/1	13	-50	
	18	Junior High 1 Boys: Heavy (50kg and over)	1999/4/2	2000/4/1	13	+50	
	19	Junior High 2 Boys: Light (under 55kg)	1998/4/2	1999/4/1	14	-55	
	20	Junior High 2 Boys: Heavy (55kg and over)	1998/4/2	1999/4/1	14	+55	
	21	Junior High 3 Boys: Light (under 60kg)	1997/4/2	1998/4/1	15	-60	
	22	Junior High 3 Boys: Heavy (60kg and over)	1997/4/2	1998/4/1	15	+60	
	23	Junior High 1~3 Girls: Light (under 50kg)	1997/4/2	2000/4/1	13, 14, 15	-50	
	24	Junior High 1~3 Girls: Heavy (50kg and over)	1997/4/2	2000/4/1	13, 14, 15	+50	
	25	High School 1 Boys: Light (under 60kg)	1996/4/2	1997/4/1	16	-60	
	26	High School 1 Boys: Heavy (60kg and over)	1996/4/2	1997/4/1	16	+60	
	27	High School 2 Boys: Light (under 65kg)	1995/4/2	1996/4/1	17	-65	
	28	High School 2 Boys: Heavy (65kg and over)	1995/4/2	1996/4/1	17	+65	
	29	High School 3 Boys :Light (under 70kg)	1994/4/2	1995/4/1	18	-70	
	30	High School 3 Boys: Heavy (70kg and over)	1994/4/2	1995/4/1	18	+70	
	31	High School 1~3 Girls: Light (under 55kg)	1994/4/2	1997/4/1	16, 17, 18	-55	
	32	High School 1~3 Girls: Heavy (55kg and over)	1994/4/2	1997/4/1	16, 17, 18	+55	
	33	College Students Men: Light (under 70kg)				-70	
	34	College Students Men: Middle (over 70kg~under 80kg)			*Valid Student ID required	+70	
	35	College Students Men: Heavy (80kg and over)				+80	
	36	Women Safety (age 19~34): Light (under 55kg)	1978/4/2	1994/4/1	19-34	-55	
	37	Women Safety (age 19~34): Light Heavy (55kg and over)	1978/4/2	1994/4/1	19-34	+55	
	38	Women Safety (age 35-59) : Light (under 55kg)	1953/4/2	1978/4/1	35-59	-55	○
	39	Women Safety (age 35-59) : Heavy (55kg and over)	1953/4/2	1978/4/1	35-59	+55	○
	40	Senior (age 35~39): Light (under 70kg)	1973/4/2	1978/4/1	35-39	-70	○
	41	Senior (age 35~39): Heavy (70kg and over)	1973/4/2	1978/4/1	35-39	+70	○
	42	Senior (age 40~44): Light (under 70kg)	1968/4/2	1973/4/1	40-44	-70	○
	43	Senior (age 40~44): Heavy (70kg and over)	1968/4/2	1973/4/1	40-44	+70	○
	44	Senior (age 45~49): Light (under 70kg)	1963/4/2	1968/4/1	45-49	-70	○
	45	Senior (age 45~49): Heavy (70kg and over)	1963/4/2	1968/4/1	45-49	+70	○
	46	Senior (age 50~59): Light (under 70kg)	1953/4/2	1963/4/1	50-59	-70	○
	47	Senior (age 50~59): Heavy (70kg and over)	1953/4/2	1963/4/1	50-59	+70	○
KATA	48	Elementary 1-3 Boys	2003/4/2	2006/4/1	7, 8, 9		
	49	Elementary 4-6 Boys	2000/4/2	2003/4/1	10, 11, 12		
	50	Elementary 1-3 Girls	2003/4/2	2006/4/1	7, 8, 9		
	51	Elementary 4-6 Girls	2000/4/2	2003/4/1	10, 11, 12		
	52	Junior High and High School Boys	1994/4/2	2000/4/1	13-18		
	53	Junior High and High School Girls	1994/4/2	2000/4/1	13-18		
	54	General Men		1994/4/1	19-		
	55	General Women		1994/4/1	19-		
GROUP KATA	56	Group Kata					

Representatives from each group/dojo are requested to read and confirm the following.

KARATE DREAM CUP 2012

- Name of Tournament: The Great East Japan Earthquake Charity/Marrow Bank Charity **Karate Dream Cup 2012**
- Date: **July 28 (Sat.) & 29 (Sun.), 2012**
- Venue: **Yoyogi National Stadium First Gymnasium** (2-1-1, Jinnan, Shibuya-ku, Tokyo, 150-0041, Japan)
(5 minute walk from Tokyo Metro “Meiji-Jingu-Mae” Sta. or from JR “Harajuku” Sta.)
- Organizer: Karate Dream Cup 2012 Executive Committee & NPO World Karate Organization Shinkyokushinkai
- Cosponsor: Japan Wrestling Federation
- Supporters: The Japan Marrow Donor Program/Ministry of Health, Labor and Welfare/Ministry of Land, Infrastructure, Transport and Tourism/Visit Japan Campaign/Ministry of Education, Culture, Sports, Science and Technology/Tokyo Metropolitan Government/J Sports Broadcasting Co., Ltd. etc. (including expected supporters)

■ Categories :

◇ **Kumite : 47 Classes**

For the Age Criteria, please refer to the separate document, **Age Standard for each Class**

- Young Children (Boys & Girls) 1 Class
- Elementary School Grade 1~6 Boys • Girls 15 Classes
 - *Elementary Grades 4~6 Boys are in 2 weight categories (For details, see below)
 - Elementary Grade 4 Boys: Lightweight (under 33kg) Heavyweight (33kg and over)
 - Elementary Grade 5 Boys: Lightweight (under 35kg) Heavyweight (35kg and over)
 - Elementary Grade 6 Boys: Lightweight (under 40kg) Heavyweight (40kg and over)
- Junior High Grade 1 Boys: Lightweight (under 50kg) Heavyweight (50kg and over)
- Junior High Grade 2 Boys: Lightweight (under 55kg) Heavyweight (55kg and over)
- Junior High Grade 3 Boys: Lightweight (under 60kg) Heavyweight (60kg and over)
- Junior High Grade 1~3 Girls: Lightweight (under 50kg) Heavyweight (50kg and over)
- High School Grade 1 Boys: Lightweight (under 60kg) Heavyweight (60kg and over)
- High School Grade 2 Boys: Lightweight (under 65kg) Heavyweight (65kg and over)
- High School Grade 3 Boys: Lightweight (under 70kg) Heavyweight (70kg and over)
- High School Grade 1~3 Girls: Lightweight (under 55kg) Heavyweight (55kg and over)
- College Students Men: Lightweight (under 70kg)
Middleweight (over 70kg~under 80kg)
Heavyweight (80kg and over)
- Women Safety (age 19~34): Lightweight (under 55kg) Heavyweight (55kg and over)
- Women Safety (age 35-59) : Lightweight (under 55kg) Heavyweight (55kg and over)
- Senior (age 35~39): Lightweight (under 70kg) Heavyweight (70kg and over)
- Senior (age 40~44): Lightweight (under 70kg) Heavyweight (70kg and over)
- Senior (age 45~49): Lightweight (under 70kg) Heavyweight (70kg and over)
- Senior (age 50~59): Lightweight (under 70kg) Heavyweight (70kg and over)

◇ **Kata : 9 Classes** ~Only members of Shinkyokushinkai (White belt to Black belt) can enter. (Details on separate document.)

- Elementary 1-3 Grades Boys
- Elementary 4-6 Grades Boys
- Elementary 1-3 Grades Girls
- Elementary 4-6 Grades Girls
- Junior High and High School Boys
- Junior High and High School Girls
- General Men
- General Women
- Group Kata (NEW) *Please confirm the criteria in separate document.

- **Admission Fee :** Free
- **Qualification for Application:** Healthy male and female over age 5, training Karate (Women should not be pregnant at the time of the tournament). Applicant competitors should take medical check before the tournament. (Submission of medical certificate is not required, except for a number of classes. See “How to Apply” ② to be stated in the latter part).
- **Type of Tournament:** “Kumite” and “Kata” tournament pursuant to the Competition Rules for Karate Dream Cup 2012.

■ **How to Apply:**

- Application is required to be submitted **collectively by each group** which the applicants belong to. Each WKO Branch Chief/ Contact who the applicants belong to should submit the **Group application form (Competitor List)**, as well as the documents required for each participant as below.

● **Documents/Fees for application:**

- ① **Application for Entry** for individual or for Group Kata (2 photographs pasted, as attached)
- ② **Medical Certificate** is required only for Women Safety (age 35~59) and Senior Classes, and for Kumite participants of age 35 and older. This certificate should be a doctor’s general view including the result of the applicant’s exercise ECG. The medical check should be taken within one month before the date of application.
- ③ **A copy of Student Identification Card** (Only for College Student Class applicants)
- ④ Entry Fee is **10,000 yen** per applicant
(However, for an applicant entering in both Kumite and Kata, **14,000 yen in total** per applicant). The entry fee for the **Group Kata** is **9,000 yen** per team. **Entry fees (only in yen, other currencies will not be accepted) are to be collected at the tournament or at the WKO Office.**

NOTE: Competitors should prepare ①~④ as mentioned above and send them to the Secretariat of Karate Dream Cup 2012 mentioned later in Page 4 by registered mail. The Secretariat will not be responsible at all for any loss of the application documents during mailing. Therefore, each applicant should keep the copies of all those documents by himself/herself. Any entrance fee, once paid, will not be returned in any case (except in a case where the tournament organizer refuses the entrance).

■ **Deadline for Application:** **May 25 (Fri.), 2012**

Should arrive (registered mail/e-mail) at the Secretariat of Karate Dream Cup 2012 on or before May 25 (Fri.), 2012

■ **Important Notices for Oversea Participants:**

- The hotel booking and visa support package for Participants and Supporters will be offered separately. Deadline of the Visa support request is **31st May 2012**. The applications should be made collectively by each group, and please prepare the passport copy in advance.
- The team leader of the delegation should be declared 1 month prior to the tournament. He/she is requested to be responsible for their branch members during their stay in Japan for all correspondences with WKO or in case of emergency.
- We will distribute the entry numbers of the oversea competitors collectively, to the accommodation site where the team leader stays in Japan, by the day before the tournament.

- **Tournament Schedule:** A detailed schedule will be informed later with the delivery of the entry number.

<p><July 28> <u>Kata & Kumite Category Elimination bouts for Senior & Women “Safety”</u> <u>Weighing of Competitors in the Lightweight Class of Elementary 4~6 Grade Boys, Junior High and High School Boys & Girls, and College Students Men (Light & Middleweight).</u> <u>There will be no weighing for participants in the Heavyweight Class</u></p> <p>10:00 Registration for <u>Kata</u> competitors start. (Senior & Women Safety Kumite participants in the Light weight class, who are also participating in the Kata Category will be weighed at registration) 10:40 Gathering of Competitors (All classes of Kata competitors) 11:00 Opening declaration/Opening drum & Starting of Bouts (Group Kata will start after Individual Kata) 13:30 Gathering of Competitors (Kumite competitors for the 1st day) and Weighing (Only Lightweight Class of Senior & Women Safety) > ~14:00 14:00 Kata Category finishes. Awarding Ceremony 14:30 Kumite Category Bouts start. Weighing time for competitors in the Lightweight Class of Elementary 4~6 Grade Boys, Junior High and High School Boys & Girls, and College Students Men (Light & Middleweight) will be 16:00~19:00. 17:30 Awarding Ceremony (Time of finishing depends on proceeding condition.)</p> <p><July 29> <u>All Kumite bouts for competitors of Young Children, Elementary, Junior High, High School, and College Students Men.</u></p> <p>8:30 Registration starts. 9:30 Gathering of Competitors 10:00 Opening Ceremony/10:30 Bouts start. (Time of finishing depends on proceeding condition.)</p>

- **Instruction for Competitors:**

- Participating competitors (including their organization’s representatives, guardians & seconds) should follow all rules and instructions provided by the organizer.
- Underage applicants should fill in the application form after understanding the instructions/statements written in the set of application documents by the help of their guardians.
- Underage competitors should be supervised on the day of the tournament by their guardians and the representative of the organization/dojo they belong to.
- Participating competitors of the Light & Middleweight class need weighing specified by the organizer. At this weighing, ①if the applicant’s weight exceeds the specified weight for each class, he/she shall be disqualified ②If there is a difference of 7 kg and over between the weight measured at this weighing and the one measured at the time of application, the applicant shall be disqualified.
- Competitors of Lightweight class of Seniors and Women Safety shall be weighed from 13:30 a.m. on the first day (Jul 28), and participants for the Lightweight class of Elementary 4~6 Grade Boys, Junior High and High School Boys & Girls, and College Students Men (Light & Middle) will be weighed from 16:00 to 19:00 on the same day (at the specified place in the tournament venue).
- **There will be no weighing for Heavyweight Class participants.**
- In case any competitor cannot participate due to any unexpected accident, etc., he/she should inform the Secretariat of Karate Dream Cup 2012 without delay.
- In case any competitor abandons his/her entry without any acceptable reason, he shall pay the compensation fee of 150,000 yen, except in the following cases:
 1. When the tournament doctor decides that the competitor cannot continue the bout, as a result of his medical check.

2. When an unexpected accident occurs immediately before the bout or during the bout and the executive committee chairman allows him/her to leave.
- There is an Age Criteria for each class. Please confirm the separate document “Age Standard for Each Class” carefully before application. No exceptions will be made regarding these criteria. However, please note that **participants of the Light & Middleweight Class will be allowed to participate in the Heavyweight Class (Middleweight also for the College Students Class).**
 - When any of the applicants for Senior classes and Women “Safety” classes has ever achieved a very high result(s) at tournaments organized by WKO such as the World Championship, the World Cup, the All Japan Championship, All Japan Weight Championship, Local tournaments and other tournaments similar to them including the ones held by any other group, we may refuse to accept his/her application for entry considering the remarkable unbalance of competing ability and/or securing safety in fighting (The organizer will make such decision). In this case, the applicant will be notified by us individually and the entry fee shall be returned.
 - If the number of applicants for any class is less than 4, the tournament may not be held for that class, according to the organizer’s decision. In this case, the applicant shall be notified individually and the entry fee shall be returned.
 - **On the day of the tournament, the starting time shall be managed by the competitor himself/herself who is participating in the bout concerned.** If the competitor concerned is not found in the specified position at the time of starting the bout, he/she shall become disqualified. In this case, no complaints towards the organizer shall be accepted.
 - Be sure to carry your own health insurance card on the day of the tournament. **In case of injury or accident (including any serious condition, death or aftereffect) during a bout, the victim shall be compensated within the organizer’s liability insurance (3 million yen for death, hospital charges of 2,000 yen/day, etc.), but no responsibility outside the insurance (such as bruises, sprains, etc.) shall be taken at all.** The victim must submit his case no later than 1 week after the end of the tournament, and cases submitted after the deadline will not be accepted. In this case, the competitor concerned and his/her guardians shall not make any complaint nor request for compensation for the damages against the organization and/or any tournament-related persons such as the tournament staff or the tournament executive officials and/or against his/her opponent.
 - **The participating competitor’s rights to his/her portrait shall belong to the organizer.** Therefore, please accept the fact that the competitor’s images and pictures (including a part of his/her name and/or address) may be used for advertisements, publications, catalogs and/or websites issued by the organizer. Also, occasionally there may be interviews by various media and the competitor’s images or pictures might be broadcasted or be seen in publications.
 - The personal data obtained in the application of the competitor shall be strictly controlled by the organizer. The data shall never be used without the competitor’s permission for any other purpose than the management or communication required at the tournament.
 - The tournament draw will be announced in the organizer’s website in early July.
 - Please note that there might be changes related to this tournament, according to the organizer’s decision without any prior notification.
 - For this tournament, overseas competitors are also invited.

■ The Secretariat of Karate Dream Cup 2012 ■

9-20-2F, Shin-Ogawa-machi, Shinjuku-ku, Tokyo, Japan, 162-0814

TEL : +81-(0)3-3268-1494 Fax : +81-(0)3-3268-1495

E-mail : wko.one@shinkyokushinkai.co.jp or wko.two@shinkyokushinkai.co.jp

Exercise-loading ECG (Electrocardiogram)

◎ **Definition of Exercise-Loading ECG**

This is the way of recording the fluctuation of electronic activities by the heart, loading with exercise (energy-using activity or movement) for the purpose of checking how the heart responds towards the increased demand for oxygen.

◎ **The Reason for Introduction of Exercise-Loading ECG**

A person having a heart disease seems to be normal in his/her daily life just as healthy people. Since it is not easy to check the inside of the heart with x-ray machines, etc., it is difficult to find his/her heart trouble even by ECG when he/she has no heart attack. Therefore, for ECG test, the oxygen consumption in heart muscle needs to be abruptly increased by taking some exercise. Then, the oxygen supply, which seemed normal in a quiet state, becomes insufficient and causes some abnormal symptoms in ECG. This is called the exercise-loading method for ECG check.

◎ **Methods of exercise-loading ECG Test**

Main methods are Master 2-steps Up-and-Down, Tread-Mill Test, Bicycle Ergometer, etc.

Master 2-Steps Up-and-Down Test

This is a method of ECG test with loading by going up and down the two-step footstool, at an appropriate pace for a person's age or weight, to find any abnormal symptom in the heart. But this method is not popular, as the under-mentioned testing are safer and can produce sufficient loading.

Tread-Mill Loading Test

This is a method of walking on a belt, just like a room runner. At first, the belt moves slowly, and becomes faster every 3 minutes. And the belt gradually tilts. During this test, blood pressure and ECG are both monitored, which can load safely and sufficiently. This is a very efficient testing method to find out any abnormal points of the heart.

Loading Test by Ergo-Meter

This is a method of loading by pedaling (a bicycle). The amount of exercise can be adjusted by changing the weight of the pedals. This method is mainly used for a person with waist pain, or a person who cannot walk smoothly for dizziness.

◎ **Danger in Exercise-Loading Test**

Be careful for dangers such as fainting, worsening of heart diseases, stroke, and cerebral infarction. Therefore, loading test should be done in the presence of a doctor.

World Karate Organization Competition Rules For the Karate Dream Cup 2012

Judging Criteria

1. The five referees including the Main Referee shall judge the competition. However, the final decision rests with the Head Judge.
2. Since the decision should be a majority decision, in case of "IPPON", "WAZA-ARI", "HANSOKU", "JOGAI", "HANTEI", etc, the decision is valid if at least three out of the five referees support it. A decision not supported by the majority, that is less than three of the referees, or a decision supported by only Main Referee is not valid. However, any of the five referees has the right to make a protest against a decision and claim further discussions. In the discussions, a monitor (videotape-recording image) might be used as a reference.
3. Weighing by the Executive Committee shall be done for the competitors who are in the weight division categories (excluding Heavy Weight) before the competition. If a competitor's weight exceeds the regulation, the competitor will be disqualified.
4. If there is a weight difference of 7 kilograms or more between the weight in the entry application and the weight checked at the weighing by the Executive Committee, the competitor will be disqualified.
5. In case a competitor cannot continue the bout due to his opponent's "YUKO WAZA (effective attack)", "HANSOKU WAZA (foul attack)" etc., the tournament doctor may give a so-called 'doctor's stop (request to stop the fight)' after consulting with the five referees or the Head Judge.
 - a) In case of "HANSOKU WAZA", the competitor who made the foul attack loses the bout. The opponent will be the winner of the bout, but will not be able to continue on to the next bout.
 - b) In case of "YUKO WAZA (effective attack)", if the opponent is so seriously damaged by the attack that he will not be able to continue on to a next bout, he will lose the bout.
6. The 1st and the 2nd places shall be decided by bouts. There will not be any 3rd place play-offs.
7. The tournament schedule is to be strictly followed, but in case of an unavoidable situation, the Executive Committee Chairman may, after consultation with the Head Judge, decide to change the tournament schedule.

Kumite Rules

1. Time of one bout: As per Appendix 1.
2. Use of Protector: As per Appendix 1 and 2.
3. Victory is awarded to the competitor who has scored one full point (IPPON) or the one who has won by decision (including 'WAZA-ARI' - half point) or the one whose opponent has been charged with a foul, or whose opponent has been disqualified.
4. The competitors shall enter the competition mat from opposite sides and stand by two lines, red and white, respectively in the center of the fighting area, taking postures of "FUDODACHI", facing the front.
Looking at them from the front (official seats), the competitor for "AKA" – Red – should stand on the left side (the one whose entry number is smaller) and the competitor for "SHIRO" – White – should be on the right side (the one whose entry number is larger).
5. The bout starts with the Main Referee's command "HAJIME" and ends with the Main Referee's command "YAME".
6. In case of any accident during the fight, the Main Referee may stop the bout.
7. When the Main Referee makes the sign of "Time", the bout shall stop for a moment, and when he makes the sign of "ZOKKOU" (continue) the bout shall start again.

IPPON-GACHI (full point victory)

The following cases will be judged as IPPON-GACHI (full point victory).

- a) A thrust (TSUKI), kick (KERI), and elbow strike (HIJI UCHI) or any other technique, excluding actions listed as fouls, which vigorously downs the opponent for more than three seconds.
- b) If the opponent has lost his will to fight for more than three seconds.
- c) When having obtained two WAZA-ARI (half-points), which results in one IPPON (full-point).
- d) The "Safety Rules" will be applied to the bouts in Young Children, Elementary Boys and Girls, Junior High and High School Boys and Girls, and Woman Safety categories. See appendix 3.

WAZA-ARI (half-point)

The following cases will be judged as WAZA-ARI (half-point).

- a) When a thrust (TSUKI), kick (KERI), elbow strike (HIJI UCHI), etc., excluding actions listed as fouls, downs the opponent for less than three seconds, but he stands up and resumes the fight.
- b) If the opponent has lost his will to fight but resumes the fight within three seconds.
- c) If the opponent has received so much damage that he loses his balance, but not that he falls down.
- d) When a well-focused GEDAN TSUKI (downward punch) is followed immediately in good timing after either downing the opponent with foot sweeps (ASHI-BARAI) or dodging the opponent's DOMAWASHI-KAITEN-GERI (rolling kick).
- e) The "Safety Rules" will be applied to the bouts in Young Children, Elementary Boys and Girls, Junior High and High School Boys and Girls, and Woman Safety categories. See appendix 3.

Criteria of HANTEI (decision)

- a) In case there is neither IPPON nor disqualification, the decision supported by three or more out of the five referees (one Main Referee, four Corner Referees) is valid.
- b) In case of one of the competitors having a WAZA-ARI, the WAZA-ARI will be the first priority in a decision.
- c) In case of no WAZA-ARI, the amount of damage will be the first priority in a decision.
- d) In case of no damages, the amount of techniques (punches, kicks), including YUKO-DA (point-giving techniques, but not enough for being a WAZA-ARI), will be the criteria for decision.
- e) In case of same amount of techniques, including YUKO-DA, the referees shall give victory to the competitor who is more active or more aggressive in fighting. (This applies to the final extension where a winner has to be decided.)
- f) If CHUI (warning) or GENTEN (penalty) has been given to either of the competitors, the referees shall follow the criteria stated in "Judging Criteria".

Extension (ENCHO-SEN)

- a) If three or more out of the five referees do not make a decision upon the command "HANTEI", the bout shall end in a draw, and an extension bout shall follow.
- b) If there is no decision after the extension, there will be the final extension. After this extension a decision must be made.

JOGAI (step outside competition area)

- a) If either of the competitors has stepped outside the area line completely with his both feet, it will be judged as JOGAI.
- b) "JOGAI" will be concluded upon the Main Referee's command "YAME".

HANSOKU (fouls)

The following actions are considered as HANSOKU (Fouls)

- a) Attacks with techniques using hands or elbows to the opponent's face or neck. (Even a slight touch may result in HANSOKU. However, making faints to the face is allowed.)
- b) Attacks to groin and lower abdomen.
- c) ZU-TSUKI (head thrusts).
- d) TSUKAMI (grappling). (For whatever reason, to grapple the opponent's dogi is not allowed, neither to clinch hands with each other.)
- e) KAKE (hooking). (To grapple or hook the opponent's neck, head, shoulders, etc.)
- f) OSHI (pushing). (Pushing with open hands, closed hands or with the body is not allowed. It will be considered an HANSOKU even if you push only with one hand.)
- g) To Attack whilst leaning the head or body against the opponent.
- h) KAKAEKOMI (hugging and holding). (The person who puts his arms around the other one first will be given a foul.)
- i) Attacks from the back.
- j) To attack an opponent who is already down.
- k) KAKENIGE (run-away attack). (Pretend to attack whilst actually running away from the opponent.)
- l) Kicks to knee joint and throwing.
- m) Running away by repeatedly doing JOGAI. (Step outside area.)
- n) Any action that may be considered as bad attitudes towards the competition.
- o) Any other actions that the referees may regard as fouls.

MITOMEZU (No count)

When IPPON (one full point), WAZA-ARI (one half point), HASOKU (fouls), etc. is not approved of, it will be judged as MITOMEZU (no count).

CHUI (warning) & GENTEN (penalty)

- a) A foul is charged with one warning "CHUI ICHI".
- b) When any action is considered as a deliberate or malicious foul, or when a severe damage has been caused by a foul, a GENTEN ICHI (first penalty) may be given at the first time.
- c) CHUI NI (two warnings) results in GENTEN ICHI (first penalty), and GENTEN NI (second penalty) results in SHIKKAKU (disqualification).

SHIKKAKU (disqualification)**The following cases result in SHIKKAKU (disqualification);**

- a) Failing to obey the referee's instructions during the bout.
- b) Being late for a bout or failing to appear.
- c) Facing each other for more than one minute without engaging in fight. This shall be regarded as lack of will to fight and both competitors shall be disqualified.
- d) Any actions considered as sheer violence, seriously deliberate fouls or deliberate bad attitude towards the competition.
- e) In case of GENTEN-NI (second penalty)
- f) If there is a weight difference of 7 kilograms and more between the weight in the entry application and the weight checked in the competition site, the competitor will be disqualified.

Giving up Competition

Anyone who fails to take part in the bout as scheduled without any good reason shall be fined no more than 150,000 Japanese Yen. However, the following circumstances are exceptions;

- a) When the Tournament Doctor has, after medical examination, made the decision that the competitor cannot continue the bout.
- b) If any unforeseen misfortune to anyone closely related to the competitor (such as family members, etc.) happens immediately before or during the bout, permission to leave the competition area will be given after consultation between the Head Judge and the Executive Committee Chairman.

Standard Actions of Referees**Requests to Referees**

1. The most important thing for the referees is to respect the life of the competitors and give it the highest priority during the bout. In case of any accident during the bout, the referee shall have the ability to stay calm, and to see clearly the situation in order to take quick and appropriate actions.
2. The Referees must not be biased in judging, but must have the ability to make fair judgments.
3. The Referees must give signs and actions clearly and promptly.

KUMITE (fighting)***Opening of Bout***

1. Both competitors will be called to enter the competition mat by the tournament assistant.
2. The Main Referee shall stand in the center between both competitors, and give the commands "SHOMEN NI REI" (Bow to front), "SHUSHIN NI REI" (Bow to Main Referee), "OTAGAI NI REI" (Bow to each other), and then the bout will start with his commands "KAMAETE" (Take fighting position) and "HAJIME (Start)."

During the Bout

1. The Corner Referees shall show IPPON, WAZA-ARI, HANSOKU and JOGAI by blowing the whistle and showing those judgements with flags. The Main Referee shall give the command "YAME" (stop) and instruct both competitors to go back to their initial positions, and show the judgement result both verbally and physically.
2. The signals to be given by the Corner Referees both by whistles and flags, and the judgements and actions to be given by the Main Referee are as follows:
 - a) **IPPON**
 Corner Referee – Shall raise diagonally upwards the flag with the color corresponding to the competitor who got the IPPON and at the same time blow a single long and loud blast on the whistle.
 Main Referee – Shall stop the bout by the command "YAME", state the color of the raised flags and count them, including himself in the count, state the technique that resulted in IPPON, and raise upwards his arm of the winner's side and declare "IPPON".
 - b) **WAZA-ARI**
 Corner Referee – Shall raise horizontally the flag of the competitor who took the WAZA-ARI, giving a single loud blast on the whistle strongly once.
 Main Referee – Shall stop the bout by the command "YAME", state the color of the raised flags and count them, including himself in the count, state the technique that resulted in WAZA-ARI, and raise horizontally his arm of the competitor's side who got the Waza-ari and declare

“WAZA-ARI”.

c) **From WAZA-ARI to IPPON**

If the competitor does not stand up within three seconds or does not regain his will to fight within three seconds;

Corner Referee – Shall change the flag position from WAZA-ARI to IPPON, and at the same time blow a single long and loud blast on the whistle.

Main Referee – Shall state “IPPON” if the majority of the referees, including himself (three or more) has made such a judgment. If less than three referees give IPPON, the judgment will remain “WAZA-ARI”.

d) **HANSOKU**

Corner Referee – Shall wave diagonally downwards the flag with the color corresponding to the competitor who made the foul, and at the same time blow several short, sharp blasts on the whistle.

Main Referee – In case of a foul being equal to “CHUI”, he shall stop the bout by giving the command “YAME”, state the color of the waved flags, count the number of flags including himself, and then he shall state the actions that resulted in HANSOKU, pointing with his forefinger at the competitor who got the CHUI and declare “CHUI ICHI.” The same action shall be taken in case of GENTEN ICHI.

(In case of directly giving GENTEN ICHI or SHIKKAKU at the first foul, the Corner Referee must consult with the Main Referees first.)

e) **TSUKAMI-AI, KAKAEKOMI (grappling and clinching each other)**

Corner Referee – Shall wave both flags diagonally downwards, and at the same time blow several short, sharp blasts on the whistle.

Main Referee – Shall stop the bout by giving the command “YAME”, separate both competitors, and start the bout again by the command “ZOKKOU” (continue). Depending on the way of grappling, both competitors may be given CHUI ICHI respectively.

f) **JOGAI (out of bounds)**

Corner Referee – Tapping the floor several times with the flag of the side of the competitor who got JOGAI, he shall blow several short, sharp blasts on the whistle.

Main Referee – He shall immediately give the command “YAME” and call “JOGAI”, and then bring back the competitors to the center of the fighting area, start the bout again with the command “ZOKKOU”.

g) **FUMEI (unclear)**

Corner Referee – Shall cross two flags in front of his face, and blow a single short sharp blast on the whistle.

Main Referee – Shall let the bout go on without any interruption.

h) **MITOMEZU (no count)**

Corner Referee – Shall Cross the two flags and wave them back and forth and blow a single long and loud blast on the whistle.

Main Referee – Depending on the situation, he may declare MITOMEZU.

i) **HANTEI-GACHI (victory by decision)**

Corner Referee – Shall raise diagonally upwards the flag with the color corresponding to the competitor who is considered to be the winner, and at the same time blow a single long, loud blast on the whistle.

Main Referee – Shall ask the Corner Referee for his decision by stating “HANTEI O TORIMASU” (take decision) and “HANTEI” (decision), declare the color of the flag of the winner, count the number of flags including himself, raise his arm diagonally upwards and declare the color of the flag of the winner.

(The numbers of flags for a draw and for the opponent shall also be counted, even though the number is not enough for a majority decision.)

j) **HIKI-WAKE (draw)**

Corner Referee – Shall cross the flags in front of his knees, and at the same time blow a single long, loud blast on the whistle.

Main Referee – Shall count the number of flags indicating a draw and cross diagonally downwards his arms in front of himself, and declare “HIKI-WAKE”. (The number of raised flags shall also be counted, even though they are not enough for a majority decision.)

k) **SHIKKAKU (disqualified)**

Corner Referee – Especially for seriously vicious fouls, the Corner Referee shall request the Main Referee for consultation.

Main Referee – Shall raise diagonally upwards his arm on the side of the competitor who has been disqualified, and then point with his finger in the direction outside the competition mat and declare “SHIKKAKU”.

3. In case the dogi of the competitor comes into disorder during the bout, the Main Referee may stop the bout, bring back the competitors to their original positions, and adjust the dogi of the competitor or have him adjust it by himself.

End of Bout

1. In case of IPPON or SHIKKAKU;

The Main Referee shall stop the bout and make both competitors face to the front and declare IPPON or SHIKKAKU, and give commands “SHOMEN NI REI” (Bow to the front), “SHUSHIN NI REI” (Bow to Main Referee), and “OTAGAI NI REI” (Bow towards each other). And then instruct the competitors to leave the competition mat.

2. In case of no IPPON nor SHIKKAKU;

The Corner Referee shall, at the same time as the signal for ending the bout, blow a single long, loud blast on the whistle.

Main Referee - Shall give the command “YAME” and stop the bout immediately, get the competitors back to their original positions, and make them face to the front, and request the Corner Referee for his decision by stating “HANTEI O TORIMASU” and “HANTEI”.

Corner Referee – When asked by the Main Referee for “HANTEI”, he shall raise diagonally upwards the flag on the side of the considered winner and at the same time blow his whistle strongly once. In case the bout being a draw, he shall cross the two flags in front of his knees and at the same time blow a single short, sharp blast on the whistle.

Main Referee – Shall declare the color of the flag on the winner’s side, count the number of raised flags including himself, and raise his arm diagonally upwards, declaring the winner if the number of flags of the same color gets the majority. (The numbers of flags for a draw and for the opponent shall also be counted.)

An example (1): “AKA (red) ICHI (1), NI (2) SAN (3), SHI (4) and GO (5)” “AKA (red)”

An example (2): “HIKIWAKE (draw) ICHI (1), NI (2), “AKA (red) ICHI (1), NI (2) and SAN (3)” “AKA (red)”

In case of a draw, the Main Referee shall count the numbers for a draw, crossing his arms diagonally downwards in his front and declare “HIKIWAKE (draw)”. And he shall proceed to an Extension.

An example: “AKA (red) ICHI (1)”, “HIKIWAKE (draw) ICHI (1), NI (2), SAN (3) and SHI (4)” “HIKIWAKE (draw)”

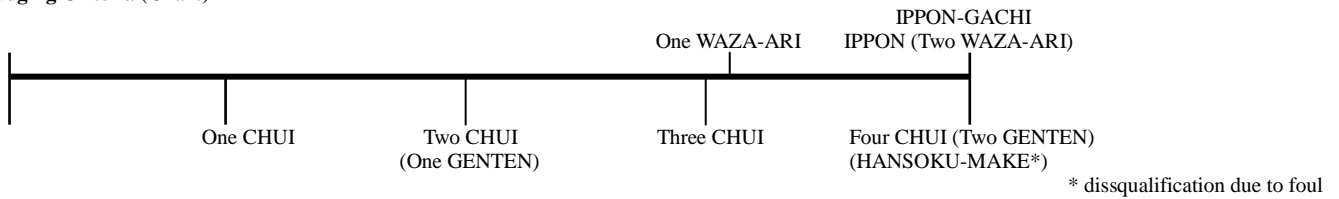
3. The Main Referee shall declare the winner, and give the commands “SHOMEN NI REI”, “SHUSHIN NI REI”, “OTAGAI NI REI” and instruct

the competitors to leave the competition mat.

JUDGING CRITERIA

Down below is a description of the relation between CHUI (warning) and WAZA-ARI (half-point), which of those two shall be the decisive part in different situations.

1. Judging Criteria (Chart)



2. Judging Criteria (Description)

① WAZA-ARI and IPPON

0 < One WAZA-ARI < IPPON (Two WAZA-ARI)

② In case there is no CHUI nor WAZA-ARI

- a) Damages shall be given the first priority in judging the winner.
- b) In case of no damage seen in the both competitors, the first priority to judging shall be given to the number of punches and the number of kicks.
- c) In case there is no difference in numbers of punches and kicks between the two competitors, the one who shows more fighting spirit will win the bout (in case of a final round where a winner has to be decided).

③ In case of one competitor having one CHUI more than the other, this does not influence the decision much. The decision shall be made mainly on the contents of the fight. However, in case of a final extension, if there is no difference in the fighting between the two competitors, the one with one CHUI will lose the bout.

$$\begin{array}{ccccccc}
 < & < & < & & & & \\
 0 & = & \text{One CHUI} & = & \text{Two CHUI} & = & \text{Three CHUI} & > & \text{Four CHUI} \\
 > & & > (\text{One GENTEN}) & > & & > & & (\text{Two GENTEN})
 \end{array}$$

④ In case of a difference of two CHUI, the one who has got two more CHUI will lose. However, if he is obviously leading his opponent, it is possible to make a draw.

$$\begin{array}{ccc}
 0 & \geq & \text{Two CHUI (One GENTEN)} \\
 \text{One CHUI} & \geq & \text{Three CHUI (One GENTEN + One CHUI)}
 \end{array}$$

⑤ In case of a difference of three CHUI, the one who has got three more CHUI will lose, no matter how much he is leading the fight.

0 > Three CHUI (One GENTEN + One CHUI)

⑥ When one competitor has both WAZA-ARI and CHUI, basically the WAZA-ARI is stronger and that competitor will win. However, depending on the number of CHUI (and/or GENTEN) and contents, it may be judged like down below:

- a) 0 < WAZA-ARI + One CHUI
- b) 0 < WAZA-ARI + Two CHUI (One GENTEN)
- c) 0 \leq WAZA-ARI + Three CHUI (One GENTEN + One CHUI)

The one holding one WAZA-ARI and three CHUI is the winner, but if his opponent is leading the fight very clearly, it is possible to give a draw.

- d) 0 > WAZA-ARI + Four CHUI (Two GENTEN)
- Even if one has one WAZA-ARI, two GENTEN will disqualify him.

World Karate Organization Competition Rules For the Karate Dream Cup 2012

Karate Dream Cup – Appendix 1

■ Time of Bout is set as follows:

	Main Bout	Extension	The 2 nd /Final Extension
Young Children	1 minute	1 minutes	No final extension
Elementary and Junior High	1 minute 30 seconds	1 minute 30 seconds	1 minute 30 seconds
High School	2 minutes (1 minute 30 seconds)	2 minutes (1 minute 30 seconds)	2 minutes (No final extension)
College Students Men			
Women Safety			
Senior Men *Please see () for over 50 years old			

This tournament does not have any “Decision by Weight” or “Decision by TAMESHIWARP”.

If there is no decision after the main bout and an extension, the final extension will be held. After this extension a decision must be made.

Karate Dream Cup – Appendix 2

■ Use of Protectors is set as follows:

	for Head	for Shin & instep	for Knee	for Fist	for Groin	for Chest	Mouse piece, Belt clip, Heart protection pad*
Young Children Boys	Must	Must	Optional	Must	Must	Prohibited	Optional
Young Children Girls	Must	Must	Optional	Must	Optional	Optional	Optional
Elementary Boys 1-2 Grades	Must	Must	Optional	Must	Must	Prohibited	Optional
Elementary Boys 3-6 Grades	Must	Must	Must	Must	Must	Prohibited	Optional
Elementary Girls 1-2 Grades	Must	Must	Optional	Must	Optional	Optional	Optional
Elementary Girls 3-6 Grades	Must	Must	Must	Must	Optional	Optional	Optional
Junior High Boys	Must	Must	Must	Must	Must	Prohibited	Optional
Junior High Girls	Must	Must	Must	Must	Must	Must	Optional
High School Boys	Must	Must	Must	Must	Must	Prohibited	Optional
High School Girls	Must	Must	Must	Must	Must	Must	Optional
College Students Men	Prohibited	Prohibited	Prohibited	Prohibited	Must	Prohibited	Optional
Women Safety	Must	Must	Optional	Must	Must	Must	Optional
Senior	Prohibited	Must	Optional	Prohibited	Must	Prohibited	Optional

- The groin will refer to Foul Cups for Males and Under Guards for Females. Both will be required to wear the protectors **inside** their dogis.
- The head guards will be prepared by the Tournament Executive Committee. All classes which require the use of the head guards will also require the competitor to attach the plastic part on the front, which will cover the face.
- **The competitors from Elementary 3 grade to High school student must wear Knee protectors, and High School students must wear Fist protectors.**
- All of the protectors should be made of cloth (except for the groin protectors) white in color, and the rubber area should not be loose.
- Recommended products will be sold at the tournament venue. **(Please refer to the Protector Guideline)**
- The use of a mouth piece and a belt holder is optional for all above classes.
- **The official product of the Heart protection pad: Product No.D-410 to D-417, by D&M Corporation (price 5,565 yen) .The use of other products is not allowed in this tournament.**

World Karate Organization Competition Rules
For the Karate Dream Cup 2012

Karate Dream Cup – Appendix 3

■ “Safety Rules”

IPPON-GACHI (full point victory)

- a) A thrust (TSUKI), kick (KERI), and elbow strike (HIJI UCHI) or any other technique, excluding actions listed as fouls, which vigorously downs the opponent or if he backs down to his knees. Even if the opponent stands up within the three seconds, it is still regarded as an Ippon.
- b) When a well-focused downward punch (GEDAN TSUKI) is followed immediately in good timing after making the opponent float in midair and downing the opponent with the combination of foot sweeps (ASHI-BARAI) and/or low kick (GEDAN-MAWASHI-GERI).
- c) If the opponent has lost his will to fight for more than three seconds.
- d) When having obtained two WAZA-ARI (half-points), which results in one IPPON (full-point).

WAZA-ARI (half-point)

- a) When a thrust (TSUKI), kick (KERI), elbow strike (HIJI UCHI), etc., excluding actions listed as fouls, loses the opponent's balance or stops the opponent's movements.
- b) When an unguarded kick hits opponent's upper body (above the neck). Not valid for pushed, touched and/or grazed kicks.
- c) When an attack makes the opponent float in midair and downing the opponent with the combination of foot sweeps (ASHI-BARAI) and/or low kick (GEDAN-MAWASHI-GERI) as well as the other kicks like front kick (MAE GERI) and roundhouse kick (MAWASHI GERI).
- d) When a well-focused downward punch (GEDAN TSUKI) is followed immediately in good timing after avoiding opponent's "sacrifice technique" (SUTEMI WAZA), which would include the DOMAWASHI-KAITEN-GERI (rolling kick).
- e) If the opponent has lost his will to fight but resumes the fight within three seconds.

Karate Dream Cup – Chart for Appendix 2

■ Protector Guideline

Attention to all the participants!!

From this year, the protector guideline has been tightened. Participation with unofficial protectors will not be allowed. The Head Guard will be prepared by the Tournament Committee at the tournament site.

For the other protectors, please follow the guideline and prepare the official products as listed below.

1. **Head Guard** *No need to prepare by yourselves

Manufacturer	Product ID	Product Name	Price (JPY)	Color
Martial World	PHG	Perfect Head Guard	6,510	White Only
Martial World	HG15	Perfect Head Guard	6,510	

2. **for Shin and instep**

Manufacturer	Product ID	Product Name	Price (JPY)	Color
Martial World	LS	Shinkyokushinkai Leg Protector	2,625	White Only
Martial World	LSB	Shinkyokushinkai Leg Protector (Velcro Type)	2,625	
Martial World	LG40	Leg Protector	2,100	
Martial World	LG45	Leg Protector (Velcro Type)	2,520	
Martial World	LG43	Leg Protector for Kids	2,100	
Martial World	LSY	Shinkyokushinkai Toe & Leg Protector	2,940	
Martial World	LG42	Shinkyokushinkai Perfect Leg Protector	2,625	

3. **for Knee**

Manufacturer	Product ID	Product Name	Price (JPY)	Color
Martial World	KG	Shinkyokushinkai Low Kick Protector	2,625	White Only
Martial World	KS	Shinkyokushinkai Knee Protector	1,575	
Martial World	KS1	Knee Protector	1,260	
Martial World	KGS	Shinkyokushinkai Low Kick Knee Guard	2,625	

4. **for Fist**

Manufacturer	Product ID	Product Name	Price (JPY)	Color
Martial World	NS	Shinkyokushinkai Fist Protector	1,575	White Only
Martial World	NG23	Super Fist Protector	1,575	
Martial World	NG23JK	JK Fist Protector	1,575	
ISAMI	L3050	JKJO Fist Protector	1,600	

5. **for Groin**

【Foul Cup for Men】

Manufacturer	Product ID	Product Name	Price (JPY)	Color
Martial World	FC	Foul Cup	1,575	White Only
ISAMI	L672	Groin Protector	1,680	

【Under Guard for Women】

Manufacturer	Product ID	Product Name	Price (JPY)	Color
ISAMI	SS-6	Under Guard for Women	2,040	

6. **for Chest**

Manufacturer	Product ID	Product Name	Price (JPY)	Color
Martial World	CGS	Chest Guard for Women	6,615	White Only
ISAMI	L-715+L-716	Mesh Bra + Inner Pad	3,000 + 1,500	
ISAMI	L-711+L-712	ISAMI Sports Bra + Inner Pad	2,400 + 800	
ISAMI	D-16	Inner Short Bra with Pad	5,000	
Winning	GL-28	Chest Guard for Women	8,400	
Take Off	-	Chest Guard *currently not on sale	-	

*Wearing long spats under Dogi pants, which is considered as protection of the thigh, is not allowed.

* Customization of the protectors or the violation of the guideline may result in disqualification.

*The price shown above is subject to vary at each manufacturer.

Karate Dream Cup 2012 Official Protectors

■ Martial World Products (price + 5% tax)

		
<p>Shinkyokushinkai Leg Protector Product ID : LS Size : Jr./Free Price : 2,500 JPY</p>	<p>Shinkyokushinkai Leg Protector (Velcro type) Product ID : LSB Size : For Kids/S (Jr.)/M/L Price : 2,500 JPY</p>	<p>Shinkyokushinkai Fist Protector Product ID : NS Size : For Kids/Jr./Free Price : 1,500 JPY</p>

		
<p>Shinkyokushinkai Knee Protector Product ID : KS Size : Jr./Free Price : 1,500 JPY</p>	<p>Shinkyokushinkai Low Kick Protector Product ID : KG Size : Jr./Free Price : 2,500 JPY</p>	<p>Shinkyokushinkai Foul Cup Product ID : FC Size : Jr./Free Price : 1,500 JPY</p>



Shinkyokushinkai Toe & Leg Protector
 Product ID : LSY
 Size : S/M/L
 Price : 2,800 JPY



面 (ABS樹脂) は 破損しても、外しても 使用できます。

後頭部は厚パッド (13mm) で しっかりガード

Shinkyokushinkai Perfect Head Guard
 Product ID : PHG
 Size : Jr./Free
 Price : 6,200 JPY



Shinkyokushinkai Chest Guard for Women
 Product ID : CGS
 Size : Free
 Price : 6,300 JPY

*For pre-order under the Branch Chief price, please send the **special order** form to the WKO office before **June 30**.
 *The protectors can also be purchased at the tournament site.

Karate Dream Cup 2012 Official Protectors

■ ISAMI Products

L-715 Mesh Bra	L-711 Isami Sport Bra	D-16 Isami Short Bra
		

SS-6 Under Guard for Women
(Official Protector)



ISAMI products can be purchased at <http://www.isami.co.jp>

For details, please contact ISAMI at TEL: +81-(0)480-24-0711, Email: yuko@isami.co.jp (Ms. Hayasaki)

■ Winning Products

GL-28Winning Chest Guard



Winning products can be purchased at <http://www.d7.dion.ne.jp/~winning/>

For details, please contact Winning at TEL +81-(0)3-3828-8136

2012 Karate Dream Cup - Outline of Kata Competition

Class	1. Elementary Boys 1-3 Grades 4. Elementary Girls 4-6 Grades 7. General Men	2. Elementary Boys 4-6 Grades 5. Junior High and High School Boys 8. General Women	3. Elementary Girls 1-3 Grades 6. Junior High and High School Girls 9. Group Kata
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- How to Judge
- Five (5) judges including the Main Referee shall judge by tournament system.
 - Judgement by three or more out of the five referees shall be effective, and there should be no judgement of draw.

Individual (Class 1-8) No restriction for participation

Kata Competition
For Individuals

Individual Classes		Elementary 1-3	Elementary 4-6	Junior High & High School	General
1st/2nd bout	Designation type	Taikyoku 3	Pin-an 2	Yantsu	Saiha
3rd/4th bout		Pin-an 1	Pin-an 5	Gekisai Sho	Seienchin
Semi-final and later bouts	Optional type	Pin-an 1-5 Yantsu Tsuki no Kata	Tsuki no Kata Yantsu Saiha Gekisai Dai Gekisai Sho	Tsuki no Kata Gekisai Dai Seipai Seienchin	Gekisai Sho Seipai Kanku Sushiho

The Designation and the Option types shall both be altered annually by the Tournament Committee.

Type of bout
For Individuals
■ 1st bout ~ Final

- The Main Referee, standing in the center of the two competitors, shall give them his commands, "SHOMEN NI REI," "SHUSHIN NI REI" and "OTAGAI NI REI."
- After bowing, the competitor of "SHIRO"(White) shall take the posture of SEIZA (sitting in a comfortable position is allowed) at JOGAI, while the competitor of "AKA"(Red) shall declare the name of his/her KATA and perform his/her own KATA. There will be no calling of "HAJIME," "NAORE" and "YASUME."
- When the competitor of "red"(Aka) finishes the Kata, the competitor of "white"(Shiro) shall then perform Kata in the same manner at the center of the competition mat. The competitor of "red" shall be seated in Seiza (sitting in a comfortable position is allowed) form on the outside of the mat.
- When both competitors finish their Kata, the Main Referee shall make them face the front at the center of the mat and shall ask the corner referees for their decision by stating "HANTEI WO TORIMASU" (take decision) and "HANTEI".
- The Main Referee shall decide the winner, and give the commands "SHOMEN NI REI"(bow to the front), "SHUSHIN NI REI"(Bow to Main Referee), and "OTAGAI NI REI"(bow to each other). Then he shall instruct the competitors to leave the competition mat.

Group Kata
Restrictions for participation

No limitation of Dan/Kyu grade, age or gender of the participants.
A team should consist of 3 members who belong to the same Branch/Dojo
A team can consist of members of different Dan/Kyu grade, age or gender.

Competition Kata
For Group Kata

The choice of Kata is free. (Only Shinkyokushin Kata, excluding Taikyoku)
The Kata for each bout can be decided by each team.

Type of bout
For Group Kata
■ 1st bout ~ Final

- Each team shall stand in a vertical line, facing the front side of the competition mat. The Main Referee, standing in the center of the two teams, shall give them his commands, "SHOMEN NI REI," "SHUSHIN NI REI" and "OTAGAI NI REI"
- After bowing, the team of "SHIRO"(White) shall take the posture of SEIZA (sitting in a comfortable position is allowed) at JOGAI, while the team of "AKA"(Red) shall form a triangle formation facing the front side of the competition mat, standing on the start lines marked at each angle of the triangle, with the vertical angle facing the front side. A team leader shall give the call "MOKUSO"(*depending on the Kata) and declare the name of their KATA. A team shall perform their Kata by the commands "YOI" and "HAJIME" of the team leader.
When the performance comes to an end, the team leader shall give the commands "NAORE" and "YASUME" and await the command from the Main Referee in the posture of "FUDO DACHI"
- When the team of "red"(Aka) finishes their Kata, the team of "white"(Shiro) shall then perform their Kata in the same manner on the competition mat. The members of "red" shall be seated in Seiza (sitting in a comfortable position is allowed) form on the outside of the mat.
- When both teams finish their Kata, each team shall stand in a vertical line facing the front side of the competition mat. The Main Referee shall ask the corner referees for their decision by stating "HANTEI WO TORIMASU" (take decision) and "HANTEI".
- The Main Referee shall decide the winning team, and give the commands "SHOMEN NI REI"(bow to the front), "SHUSHIN NI REI"(Bow to Main Referee), and "OTAGAI NI REI"(bow to each other). Then he shall instruct both teams to leave the competition mat.

Judging Criteria

Points to be Judged

1. Accuracy	Accuracy of Standing, Posture, Eyes, Tsuki, Uke, Keri & Attacking points
2. Stability	Balance of power in movement, turning, footwork, jumping & lying
3. Movement	Flexibility of body & free, energetic movement
4. Adequacy of power	Power saving, sharp technique with explosive powerfullness in finishing technique
5. Technical flexibility	Technique with adequate sense of speed & rhythm
6. Breathing control	Breathing properly controlled according to the speed of movements and & demonstration of spiritual energy
7. Continued preparedness of the opponent	Spiritual preparedness towards the opponent's attack, after finishing a certain technique
8. Synchronization (Group Kata)	Performance of the 3 members should be synchronized in movements, expressed accents, sense of speed and rhythm, without gaps in timing.

Criteria for Deduction

- Error in Kata (Behavior, conduct, etc.)
- Temporary posing/stopping

Judging Criteria

- In case of Genten 1, the loser may come back to win, according to the evaluation of judging points.
- In case of Genten 2, if the opponent gets no Genten 1, then the competitor shall lose on a decision.
- If the two competitors get no Genten, then the victory shall be decided according to the judging points.

Disqualification

- If the competitor cannot continue due to oblivion of Kata or making a mistake/mistakes, he/she shall be disqualified.

Special Order Form for KARATE DREAM CUP 2012

【Conditions】

- Order: Price is available for Branch Chief/Contact only. Order deadline is **30th June 2012.**
- Delivery : To hotel after arrival to Japan
- Payment : At tournament site to WKO Office staff in JPY (or by PayPal in advance)
- Cancel policy : Goods are non-refundable

Branch Chief Name		Country	
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Please provide delivery details:

Hotel Address		Hotel Name	
Attention to (Group leader name)		TEL	
Delivery Date			

<Martial World>

No.	Product ID	Product Name	Size	Normal Price	Qty	Branch Chief Price	Cost
1	NSC	Shinkyokushinkai Fist Protector	Child	¥1,500		¥700	
2	NSJ		Junior	¥1,500		¥700	
3	NSL		Adult	¥1,500		¥700	
4	LSJ	Shinkyokushinkai Leg Protector	Junior	¥2,500		¥1,250	
5	LSL		Adult	¥2,500		¥1,250	
6	FCJ	Foul Cup	Junior	¥1,500		¥700	
7	FCL		Adult	¥1,500		¥700	
8	KGJ	Shinkyokushinkai Low Kick Protector	Junior	¥2,500		¥1,150	
9	KGL		Adult	¥2,500		¥1,150	
10	KSJ	Shinkyokushinkai Knee Protector	Junior	¥1,500		¥700	
11	KSL		Adult	¥1,500		¥700	
12	LSB-XS	Shinkyokushinkai Leg Protector (Velcro)	Child	¥2,500		¥1,250	
13	LSB-S		Junior	¥2,500		¥1,250	
14	LSB-M		Adult	¥2,500		¥1,250	
15	LSB-L		Extra Large	¥2,500		¥1,250	
16	PHG-S	Perfect Head Guard	S	¥6,200		¥4,600	
17	PHG-M		M	¥6,200		¥4,600	
18	PHG-L		L	¥6,200		¥4,600	
19	CGS	Chest Guard for Women (Choose Size: XS, S, M, L, XL)		¥6,300		¥4,800	
↑ For any other orders, please add in the blank rows.						Sub Total JPY	
						Tax 5%	
						Delivery charge	
						TOTAL in JPY	

Special Order Form for KARATE DREAM CUP 2012

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- Cancel policy: Goods are non-refundable

Branch Chief Name		Country	
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Please provide delivery details:

Hotel Address		Hotel Name	
Attention to (Group leader name)		TEL	
Delivery Date			

<ISAMI>

*Price to be confirmed

	Product ID	Product Name	Size	Normal Price	Qty	Branch Chief Price*	Cost
1	L-715/L-716	Mesh Bra for Women (+ inner pad) (Choose size from: M, L, XL)		¥4,500			
2	L-711/L-712	ISAMI Sports Bra (+inner pad) (Choose size from: S, M, L, XL)		¥3,200			
3	D-16	ISAMI Short Bra with pad (Choose size from: S, M, L)		¥5,000			
4	SS-6	Under Guard for Women		¥2,040			
↑ If any other orders, please add in the blank rows.						Sub Total JPY	
						Tax 5%	
						Delivery charge	
						TOTAL in JPY	